

## First Aid and medical treatment at school

As part of our commitment to ensuring the safety and well-being of all students at Perins School, we would like to share some important information about the principles of first aid and the extent to which we are able to administer it. It is important to understand that there are limits to the first aid services we can provide.

### Understanding First Aid

First aid is the immediate and temporary care given to an injured or ill person until professional medical help arrives. It is crucial for stabilizing the person and preventing the situation from worsening. Here are the key principles of first aid that we follow:

#### 1. **Assess the Situation:**

- Ensure the scene is safe for both the first aider and the injured person.
- Quickly assess the person's condition to determine the severity of the injury or illness.

#### 2. **Provide Basic Care:**

- **Life-threatening conditions:** Focus on addressing life-threatening issues first, such as severe bleeding, unconsciousness, or difficulty breathing. This may involve performing CPR, using an AED, or applying pressure to a wound.
- **Minor injuries:** For less severe injuries, provide appropriate care such as cleaning and dressing wounds, applying ice to sprains, or offering reassurance.

#### 3. **Do No Harm:**

- Avoid making the situation worse. If unsure about how to treat an injury, it is better to wait for professional help rather than attempting something that could cause further harm.

#### 4. **Seek Professional Help:**

- Always call emergency services (e.g., 999) for serious injuries or illnesses. Continue to provide care until help arrives.

#### 5. **Stay Within Training:**

- Only perform first aid procedures that the first aider has been trained to do. Attempting advanced medical procedures without proper training can be dangerous.

### Limits of First Aid Services

It is important to note that first aid is not a substitute for professional medical treatment. Our first aiders are trained to provide immediate and temporary care, but they are not medical professionals. Therefore, first aid can only be administered within the scope of their training and capabilities.



**We stop when:**

- **The Person Recovers:** If the person shows signs of recovery, continue to monitor them but avoid unnecessary interventions.
- **Professional Help Arrives:** First aid should cease once emergency medical services take over.
- **The Situation Becomes Unsafe:** If the environment becomes dangerous, the safety of the first aider and others should be prioritized.
- **We reach the limit of our training.** first aid can only be administered within the scope of their training and capabilities.

We believe that by following these guidelines and understanding the limits of first aid services, we can ensure the safety and well-being of all students at our school. As soon as we believe we that necessary care is beyond our training, we will call professional assistance (most likely the ambulance service) and contact parents.

If you have any questions or concerns, please do not hesitate to contact us.

Thank you for your continued support.