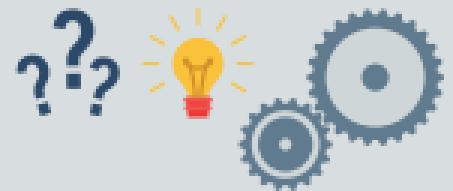


# Moving up checklist



As the move to secondary school gets closer, this checklist can help you prepare. Tick off each item as you complete it.



## VISIT THE SCHOOL WEBSITE

Visit the website for your new school and have a browse to find out as much useful information as possible. You can use Google to find the web address.



## PRACTISE PACKING

Practise packing all the things you will need to take to your new school. Get in the habit of packing the night before ahead of when you start.



## PRACTISE BUYING FOOD

Practise buying your own food and drinks in a cafe or shop, or role-play this with family members while social distancing measures are in place. Find out how the canteen and pay machines at your new school work.



## PLAN YOUR ROUTE

Plan the route to your new school and make a few trial runs when it's safe to do so. You can familiarise yourself with the route from home using Google Maps and 'street view'. Sort out a bus pass if you need one.



## PLANNER/DIARY

Do you use a planner or diary? If not, try and get hold of one and get used to using it.



## SCHOOL MAP

If you have a map of your new school, have a look at it and familiarise yourself with the layout.



## GET INTO A GOOD ROUTINE

Get in the habit of going to bed early and getting up in time to eat breakfast. Young people need plenty of sleep and fuel for the day!



## TALK TO FRIENDS

Talk to friends and family members and find out who else is moving to the same school as you and who already goes there.

